

# WEEK TWO

Week Commencing: 7<sup>th</sup> November 2022, 28<sup>th</sup> November 2022, 2<sup>nd</sup> January 2023, 23<sup>rd</sup> January 2023, 13<sup>th</sup> February 2023, 13<sup>th</sup> March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Spaghetti Bolognese	Oven Baked Sausages	 Roast Chicken & Gravy	Pork & Carrot Meatballs	Fish Cake /Salmon Fish Cake
 Vegetable Fajitas	Fish Finger Wrap	 Macaroni Cheese (V)	 Vegetable Cottage Pie (V)	Cheese & Tomato Pizza (V)
Spaghetti Cauliflower Peas Mixed Salad of the Season Garlic Bread	Oven Baked Potato Wedges Carrots Broccoli Florets Mixed Salad of the Season Herb Bread	Creamy Mashed Potatoes Greens Beans Roast Parsnips Mixed Salad of the Season Wholemeal Bread	Herb Diced Potatoes Sweetcorn Peas Mixed Salad of the Season Twin Bread	Chunky Chips Baked Beans Mixed Salad of the Season White Bread
 Homemade Carrot Cake Fruit Yoghurt Seasonal Fresh Fruit Platter	Jelly and Ice Cream Fruit Yoghurt Seasonal Fresh Fruit Platter	 Vanilla Iced Cake Fruit Yoghurt Seasonal Fresh Fruit Platter	 Vanilla Chocolate Cookie Fruit Yoghurt Seasonal Fresh Fruit Platter	 Cherry Cheesecake Fruit Yoghurt Seasonal Fresh Fruit Platter

## AVAILABLE DAILY

Jacket Potatoes with Filling, Freshly Made Sandwiches and Wraps, Seasonal Fruit Platter, Fresh Salad Bar, Home Baked Breads and Freshly Made Yoghurts available daily in addition to the above Menu offering.

 Denotes freshly prepared dishes.

Menus may change to meet customers' preferences, a promotional event and seasonal variation.

A range of locally sourced products are used when available and seafood with this mark comes from an MSC certified sustainable fishery - [www.msc.org](http://www.msc.org)

Allergies - please contact your school cook for more information about the content of menu items.



MSC-C-54995



Fresh Cook